

Sample Menu

Monday

Persian Chicken with Harissa & Lemon with Garlic Yoghurt

Cajun Cod

Iman Bayildi -Middle Eastern Aubergine Stew (v)

Selection of Freshly Cooked Vegetables, Minted Potatoes & Jewelled Rice

Selection of Five Mixed Salads Bread, Cheese & Crackers

Pineapple Upside Down Cake
Lemon Meringue

Tuesday

Seared Tuna Steak with Lime & Ginger Dressing

Pan Fried Escalope of Chicken with Onion Chutney

Mixed Pepper, Semi Dried Tomato and Goats Cheese Tart (v)

Selection of Freshly Cooked Vegetables & Potatoes

Selection of Five Mixed Salads Bread, Cheese & Crackers

Home-made Tiramisu
Rum- soaked Raisin & Choc Pudding

Wednesday

Italian Lamb Meatballs in Arrabiata Sauce with Penne Pasta

Grilled Seabass Romesco Sauce

Spinach, Rocket and Ricotta Filled Crepe with Tomato, Basil & Toasted Pine Nut Sauce (v)

Selection of Freshly Cooked Vegetables & Potatoes

Selection of Five Mixed Salads Bread, Cheese & Crackers

Zucchini & Lime Cake
Apple, Raspberry & Cinnamon Crumble

Thursday

Grilled Salmon Fillet with Sun Blush Tomatoes, Parsley & Garlic

Southern Fried Chicken Burger with Garlic Mayo & Chunky Chips

Spanish Omlette (v)

Selection of Freshly Cooked Vegetables & Potatoes

Selection of Five Mixed Salads Bread, Cheese & Crackers

Home-made Apple Pie
Lemon Sponge & Custard

Friday

Thai Red Duck Curry with Coconut Rice

Steamed Red Snapper with Sweet Chilli Dressing

Thai Vegetable Curry (v)

Selection of Freshly Cooked Vegetables & Potatoes

Selection of Five Mixed Salads Bread, Cheese & Crackers

Eton Mess Cheesecake
Fruit Crumble & Custard

ConTact



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